

Names:

PROBIOTIC VS PREBIOTIC



Group Worksheet

Skim through your article with your group and answer the following questions

Does your article mention prebiotics, probiotics, or both?

Is your article for or against the use of probiotics?

What are 3 important takeaways from your article?

Do you think your article is a reputable source? Why or why not?

What does your article say about the popularity of probiotic and prebiotic use? (Market value, number of people who use them)?